

**Overview:** Before the Lord Jesus comes back, He will definitely recover the proper church life. Nothing touches the Lord's heart as much as the recovery of the church life. We need to consecrate ourselves to the Lord for the recovery of the church life which the Lord loves. We need to learn to be inward Christians who are being transformed for the recovery of the church life and to have a Christian life (working life, marriage life and family life etc) that lives Christ. In order to do that, we exercise our spirit, set our mind on the spirit, have the spirit of the mind and express Christ outwardly. Thus we practice the healthy new life which is to flow the blessing of God to people around us and are headed up in Christ. Also the church life is in the mutual fellowship and expresses the Christ corporately. We need to pray for such a recovery of the church life.

<p><b>I . Before the Lord Jesus comes back, He will fully recover the proper church life:</b>                  A. Nothing touches the Lord's heart as much as the recovery of the church life.                  B. In this present age, before His coming back, the Lord must have the church life to shame His enemy.                  C. No matter what Satan does to damage the church, the Lord Jesus will return, and His church will be waiting for Him.】</p>	<p><b>II . The church life is Christ lived out through us in a corporate way:</b>                  A. The church life is a life in which we take Christ as our life and our person.                  B. The Christian life is not a religious life; it is a life that is Christ Himself lived out through us.                  C. When we live Christ, He joins us together in oneness, and Christ will be lived out through us in a corporate way.                  D. Christ Himself is our life, and He is the Spirit within us; the church life is Christ Himself realized as life and as the life-giving Spirit dwelling in us.                  E. The way to practice the church life is to put ourselves and everything on the cross and take Christ as life; then we will be permeated and saturated by Christ and with Christ.】                  F. We need to learn to be inward Christians who are being transformed for the practice of the church life:                  1. The church life is Christ Himself as the Spirit permeating, saturating, and transforming us.                  2. The church life is a transformed life, not a natural life; it is Christ Himself as the subjective Spirit living within us.                  3. The more we are transformed and filled with Christ, the more we will be living, real, and practical members of Christ and realize the genuine church life.                  4. If we are transformed, it will be easy for us to be joined, knit, and built up together with others; this is to be built up in the church life.</p>	<p><b>III . The genuine experience of Christ always issues in and requires the church life:</b>                  A. The more we experience Christ, the more something within requires that we live in the proper church life.                  B. When we experience Christ in a genuine and living way, He will require us to get into the church life because the dispensing of Christ into us is for the producing of the church.                  C. God dispenses Himself into us as everything for the purpose of gaining His corporate expression, which is the church.                  D. When we take Christ as our life, our person, and our everything, this Christ within us will require the proper church life; in fact, the Christ in us will become the church life.</p>
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**IV . The church life is a life of being headed up under the unique headship of Christ:】**  
 A. God is heading up His chosen ones to be the Body of Christ, with Christ as the Head:  
 1. The first step in the heading up of all things in Christ is for God to place His sons under the unique headship of Christ.  
 2. When the church takes the lead to be headed up under the headship of Christ, God has a way to head up all other things.  
**B. In the proper church life we are being headed up in Christ:**  
 1. If we do not know what it is to be headed up in Christ, we cannot know the church.  
 2. In the church life we are taking the lead to be headed up in Christ; for this we need to grow up into the Head, Christ, in all things.

**V . Fellowship is the reality of the church life:**  
 A. This fellowship involves not only the oneness between us and the Triune God but also the oneness among all the believers.】  
 B. The church is the fellowship, the communion, the co-participation, the mutual enjoyment of Christ.  
 C. Fellowship also implies a mutual flowing among the believers:  
 1. In the New Testament, fellowship describes the flowing both between us and the Lord and between us and one another.  
 2. The flow, the current, that we have in our spiritual fellowship involves both oneness and life; our fellowship is a flow of oneness.  
 3. This fellowship, this mutual flowing, is the reality of the church life.

**VI . The church life is the continuation of the divine glorification—the continuation of Christ being glorified by the Father with the divine glory:**  
 A. Glory is the expression of the divine life and the divine nature:  
 1. If we live by the divine life and nature, we will express the divine glory.  
 2. The more we live by the divine life and the divine nature, the more divine glory there will be in the church.  
 3. The expression of this glory is the glorification of the Lord Jesus.】  
**B. The divine glorification began with the resurrection of the Lord Jesus, and it is continuing today.**  
 C. The church has been produced in this glorification, and it continues to grow in the divine glorification.  
**D. Whatever the church does in the matter of fruit-bearing is a continuation of the divine glorification.**

**VII . The church life is the corporate expression of Christ:**  
 A. The key to the church life as the expression of Christ is the spirit of the mind:  
 1. If we live according to the spirit of the mind, there will be in the church life an expression of the divine character.  
 2. We will be a corporate people with the flavor of Christ and the expression of God.  
**B. In our virtues of lowliness, meekness, long-suffering, and love, there should be the expression of Christ as the embodiment of the Triune God.**  
**C. The church life must be filled with the aroma and flavor of Christ and with the character of God; such a living is the living of the Triune God through our humanity.**  
**D. For centuries the Lord has been longing for such a church life:**  
 1. We pray that before long this kind of church life will be fully practiced among us in the Lord's recovery.  
 2. May the Lord be satisfied by seeing such an expression of Himself through the recovery of the genuine church life throughout the earth.】

**第一日:** マタイ16:18 そこで私もあなたに言う。あなたはペテロである。私はこの岩の上に、私の召会を建てる。ハデス[陰府]の門も、それに勝つことはない。

啓1:11 それはこう言った、「あなたが見ていることを巻物に書いて、七つの召会に、すなわち、エペソに、スミルナに、ペルガモに、テアテラに、サルデスに、ヒラデルヒヤに、ラオデキヤに送りなさい」。

22:20 これらの事を証しする方が言われる、「しかり、私はすぐに来る」。アーメン。主イエスよ、来たりませ！

**第二日:** ガラテヤ2:20 私はキリストと共に十字架につけられました。生きているのはもはや私ではありません。キリストが私の中に生きておられるのです。そして私は今、肉体の中で生きているその命を、私を愛し、私のためにご自身を捨ててくださった神の御子の信仰の中で生きるのです。

コロサイ3:4 私たちの命なるキリストが現される時、あなたがたも、彼と共に栄光のうちに現されます。

**第三日:** ローマ12:2 またこの時代にかたどられてはいけません。むしろ、思いが新しくされることによって造り変えられなさい。それは、何が神のみこころであるか、すなわち何が善であって、喜ばれ、完全なものであるかを、あなたがたがわきまえるようになるためです。3 私は、自分に与えられた恵みによって、あなたがた一人一人に言います。自分自身について思うべきことを超えて、思い上がることなく、むしろ神がそれぞれに割り当てられた信仰の度量にしたがって、冷静な思いで思うべきです。4 一つの体の中には多くの肢体があり、そしてすべての肢体が同じ機能を持っていないように、5 私たちも数は多いのですが、キリストの中で一つからだであり、そして各自は互いに肢体なのです。11 熱心で急げることなく、霊の中で燃え、主に仕えなさい。

Ⅱコリント3:18 しかし、私たちはみな、主の栄光をおおいのない顔をもって、鏡のように見つめ、そして反映して、栄光から栄光へ、主と同じかたちへと徐々に造り変えられていきますが、それはまさに主なる霊からです。

**第四日:** エペソ1:10 時代の満了時のエコノミー[経綸]へ至るためです。すなわち、キリストの中で、天にあるもの地にあるもの、すべてのものを、彼の中でかしらにつり上げようとされたのです。

4:15 むしろ、愛の中で真実を固く保って、私たちはすべての事で、彼すなわちかしらであるキリストの中へと成長し込むのです。

Ⅰコリント10:16 私たちが祝福する祝福の杯、それはキリストの血の交わりではありませんか？ 私たちがさくパン、それはキリストの体の交わりではありませんか？ 17 一つパンであるからには、私たちは数が多くても一つからだなのです。それは、私たちがみなこの一つパンにあずかるからです。

**第五日:** Ⅰコリント1:9 神は信実です。この方を通して、あなたがたは彼の御子、すなわち、私たちの主イエス・キリストの交わりへと召されたのです。

エペソ3:21 神に、召会の中で、またキリスト・イエスの中で、栄光がすべての世代に至るまで、永遠にわたってありますように。アーメン。

Ⅰヨハネ1:3 私たちが見たもの、聞いたものを、あなたがたにも伝えます。それは、あなたがたも私たちと交わりを持つためです。私たちの交わりとは、御父との、また御子イエス・キリストとの交わりのことです。

**第六日:** ヨハネ15:8 あなたがたが多くの実を結ぶことで、私の父の栄光が現され、こうしてあなたがたは私の弟子となる。

エペソ4:23 そして、あなたがたの思いの霊の中で新しくされ。

エペソ4:2 謙虚と柔和を尽くし、辛抱強さをもって、愛の中で互いに担い合いつつ、

Experience① : Through your outward situation, learn to be an inward Christian

The church life is Christ Himself as the Spirit permeating, saturating, and transforming us. When we are fully transformed and are full of Christ, we will become the living, real, practical members of Christ. Then it will be easy for us to be joined, knit, and built up together with others. This is to be built up, not with something natural as wood, grass, and stubble but with something transformed as gold, silver, and precious stones....The church is organic, something growing up in life.

In order to have the church life, we need to go to the cross and take care of Christ, who is the wonderful Spirit within us. We need to take care of our inner feeling, inner guidance, inner shining, and inner registration. If we would go to the cross and realize Christ within us, we will be clear. All problems are solved by the cross. This is why in 1 Corinthians 2:2 the apostle Paul told the believers that he did not determine to know anything among them except Jesus Christ and this One crucified. The church life is a transformed life, not a natural life. It is Christ Himself, not as an objective doctrine but as the subjective Spirit living within us.

Do not try to change yourself outwardly. That is false. You have to be transformed from within to become a living member of the Body; then you will realize the genuine church life. This is what we need today.

#### For junior/senior high school students

We need to learn to be inward Christians who are being transformed for the practice of the normal church life. For example, in the relationship with your teacher or classmates, you experience the situation where misunderstanding causes another misunderstanding, creating unpleasant atmosphere. Say, this is your outward situation. In such case, you first need to return to the Lord within and pray, "Lord Jesus. I don't know why I fell into such confused situation. I want to learn to be an inward Christian through this. Oh, Lord Jesus. Please speak to me inwardly, so that I may see my sin, shortcomings and weakness, confess them and adjust my inward. Then I may be able to know how I can adjust my outward.

An important secret for you is to learn to be an inward Christian to adjust your inward. Then after your outward is adjusted, any confusions will be normalized gradually. I can give another example. Let's say the result of your exam was very bad. In order to make the such bad result profitable for you, you should exercise your spirit, put your mind on your spirit, and pray this way; "Oh, Lord Jesus, my test result was not as good as I expected. But in such situation, let me learn to open my heart to the Lord to have fellowship with the Lord. Without fellowship with the Lord, I will repeat such failure again and again. Oh, Lord Jesus, please strengthen my faith. By faith, I treat this failure as an opportunity to step forward." If your test result was good, then you should learn to deal with pride inwardly.

2 Cor 3:16 But whenever their heart turns to the Lord, the veil lies on their heart; 17 And the Lord is the Spirit; and where the Spirit of the Lord is, there is freedom. 18 But we all with unveiled face, beholding and reflecting like a mirror the glory of the Lord, are being transformed into the same image from glory to glory, even as the Lord Spirit.

4:1 Therefore having this ministry as we have been shown mercy, we do not lose heart;

Experience② : All things head up through the heading up of the church in Christ

Today we in the church are taking the lead to be headed up in Christ. If we are not willing to be headed up in the church life, we shall delay the heading up of all things. In fact, God will not have a way to accomplish the heading up of all things in Christ if we, the chosen ones, are not willing to be headed up. But if we are willing for this, God will say with joy, "These are the pioneers who are taking the lead to be headed up. They are pioneering the way for Me to head up all things in Christ." When the church takes the lead to be headed up in Christ, God has a way to head up all other things.

If you do not know what it is to be headed up in Christ, you cannot know what the church is. The church is not a heap of fallen people who are still in the collapse. The church is the heading up of God's chosen ones under the headship of Christ. In contrast to the genuine church, today's Christianity is a heap. Wherever you go in Christianity, you see one heap after another. The reason there are so many heaps in the denominations or in the independent Christian groups is that, just as in human society, there is no heading up. But in the proper church life we are being headed up in Christ.

#### For young working saints

God heads up his chosen ones, makes them the body of Christ, and Christ the head. The first step to head up everything in Christ is that God places his children under the sole headship of Christ. When the church takes the lead and heads up under the headship of Christ, God gains the path to head up all other things.

In your church life you are taking the lead and being headed up in Christ. Because of this, you need to grow up into Christ the head, in all things. You are the member of the body of Christ, you can experience your department being headed up in Christ the head through you at your workplace. Because God's economy is to head up all things by heading up the church.

Eph. 1:9 Making known to us the mystery of His will according to His good pleasure, which He purposed in Himself, 10 Unto the economy of the fullness of the times, to head up all things in Christ, the things in the heavens and the things on the earth, in Him;

For example, the department you belong to is inefficient in work and sluggish in achievement. The main reasons for it can be as follows.

- i. The leader of the department is lacking the leadership and the members are not submitting themselves to the leader.
- ii. Each individual employee does not work toward one goal collaboratively. Even if you work hard, mutual collaboration is lacked for each other.

From God's perspective, this situation is a heap of collapse, but it is a good opportunity for you to experience the lifting of your department through the heading up in Christ. Even if you are not in the position of leading the department, you need to experience heading up all things through you. The condition for you to experience this is to enjoy Christ in the church life and supply Christ to others to build the church. Hallelujah!

詩歌補充本、527番

- 1 主よ、おおいこころより取り、真の啓示を見せたまえ。  
かいふくのめいかくな ビジョンをあたえませ。  
なれのかいふくのビジョン、なれのかいふくのビジョン、  
かいふくのめいかくな ビジョンをあたえませ。
- 2 主を復かつさせたちから、啓示によりわれは知る。  
しん仰にてこのちから 召会にあたえらる。
- 3 この世のそらすものから、ながちからかい放する。  
このちからしょう会へと われらをもたらず。
- 4 地方召かいのなかでいま 主はわがパーソンとなる。  
そとなるひとおとろえ、こころは主のため。
- 5 とともに十字架にて死に、いま主はわがパーソン。  
うちなるひと復興され、主はない住される。
- 6 かく自が自己をいなむと、栄光のからだあらわる。  
ひとりのあたらしいひと、なれはそのパーソン。
- 7 召会生かつ、あたらしいひと、地方召会にてあらわる。  
からだは団たいのひと、主、からだのパーソン。

注: 2 節から 7 節は同じ歌詞を繰り返し歌う。

補充本, #534 使我知你恢复所是

1. 哦主, 将我帕子去除, 赐下真实启示;  
哦, 主, 使我异象清楚, 知你恢复所是。  
哦, 主, 使我异象清楚, 知你恢复所是;  
哦, 主, 使我异象清楚, 知你恢复所是。
2. 你从死里复活能力, 我藉启示知悉;  
大能传输藉信经历, 引我到召会里。
3. 你的大能将我释放, 脱离烦扰俗务;  
你的大能为我开广进入召会路途。
4. 我今进入地方召会, 愿以你为人位;  
外面旧人日渐销毁, 心向你绝对。
5. 我接受你作人位, 主, 与你同钉十架;  
里面之人得着恢复, 你在我心安家。
6. 当众肢体都愿舍己, 荣耀身体得显;  
人数虽多, 人位同一, 新人在地出现。
7. 召会生活——一个新人——显于各地召会;  
你的身体是团体人, 显出一个人位。

注: 每节均重复第二行歌辞二次。

Hymn 1220

1. Remove the veils, Lord, from my heart;  
True revelation grant to me;  
A vision clear, O Lord, impart  
Of Thy recovery.  
A vision clear, O Lord, impart  
Of Thy recovery.
2. By revelation I perceive  
The power that raised Christ from the dead;  
When I by faith this power receive,  
I to the church am led.  
When I by faith this power receive,  
I to the church am led.
3. Thy mighty power has set me free  
From all the world's distracting things;  
An entrance to the local church  
This mighty power brings.  
An entrance to the local church  
This mighty power brings.
4. Once in the local church, I need  
To take Thee as my person, Lord;  
My outward man each day recede,  
My heart is for the Lord.  
My outward man each day recede,  
My heart is for the Lord.
5. I take Thee as my person, Lord;  
I have been crucified with Thee.  
My inner man has been restored;  
I'm now indwelt by Thee.  
My inner man has been restored;  
I'm now indwelt by Thee.
6. When all Thy members self forsake,  
Thy glorious Body, Lord, is known;  
When of Thy Person we partake,  
The one new man is shown.  
When of Thy Person we partake,  
The one new man is shown.
7. The church life is the one new man  
In every local church expressed;  
Thy Body is a corporate man,  
One person manifest.  
Thy Body is a corporate man,  
One person manifest.